



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRAINED TO SAVE LIVES

Lifeguard Certification Course (10 Participants Max) NEW BRITAIN-BERLIN YMCA

WHEN: Friday, September 18th 5pm-10pm
Saturday September 19th 10am-9pm
Sunday, September 20th 10am-9pm
(MUST ATTEND ALL CLASSES)

PRICE: \$350.00
(MUST BE 15 YEARS OLD TO PARTICIPATE)

Location: New Britain-Berlin YMCA
50 High Street
New Britain, CT 06051
860-229-3787



***PRE-TEST:** ALL PARTICIPANTS MUST PASS TO PARTICIPATE IN COURSE.
Swim 300 yards (12 laps) continuously on front, tread water for 2 minutes using legs only, and complete a timed event within 1 minute 40 seconds (surface dive to retrieve a 10lb object).

FUTURE CLASSES INCLUDE:

October 23rd-October 25th & November 20th– November 22nd